









GaMCon Youth Leadership Program Confidence building - workshop

November 24-25, 2018 mun. Comrat, ATU Gagauzia

	Day 1
9:30 – 10:00	Welcome and introductions Workshop rules
10:00 – 10:30	Icebreaker
10:30 – 11:00	Break
11:00 – 12:30	Group work 1 and discussion
12:30 – 13:30	Lunch
13:30 – 15:00	Group work 2 and discussion
15:00 – 15:30	Break
15:30 – 17:30	Group work 3 and discussion Wrap-up



Implemented by:















	Day 2
10:00 – 10:30	Teambuilding
	Ice-breakers and confidence building exercises
10:30 – 11:30	Exercise "Social roles"
	Trust crisis in modern society
11:30 – 11:45	Break
11:45 – 13:00	Energizer
	Settings and stereotypes - as paralyzers and catalysts of trust
13:00 – 14:00	Lunch
	Energizer
14:00 – 15:30	Exercise «Jenga»
CACALIZIAN	What does create and destroy trust. Swhales of trust, which are building it.
15:20 15:45	5 whales of trust, which are building it. Break
15:30 – 15:45	втеак
15.45 – 17.00	Energizer
	Confidence as a basis of partnership relations.
	- Confidence restoration
	- Principles of building of partnership relations.









