



# GAMCON

GAGAUZIAN MODERNIZATION CONVENTION

## ANALYSIS OF TRAINING SESSION ON CONFIDENCE BUILDING GAMCON YOUTH LEADERSHIP PROGRAM

The purpose of the second training was, together with the participants of the meeting, to identify the main levels of trust and the specifics of trust at each of these levels, to determine together with the participants the factors on which trust is built with the authorities and representatives of other institutions. For this, I chose a four-stage training model, where each subsequent part follows from the previous one.

Game "Eastern Market". The essence of this exercise is that they write their name on eight cards, then the leader mixes all the names and gives the participants eight cards, but with different names. The task of the participants is to collect as soon as possible the cards with their name. To do this, they bargain agree, enter into a partnership. The guys quickly managed to collect their names. At the end of the game, each of the participants had the opportunity to speak out and share the complexities and tactics of his game. Each of them tried to negotiate and exchange with other participants as quickly as possible, which simultaneously liberated the children and made it clear that without a partnership this game would have no meaning, and trust is important in partnership.

The second part, where the participants played "Jenga". This is the tower we have associated with trust. The task of each participant is to build a tower, brick by brick, naming factors that destroy and build trust at different levels, such as personality, relationships, agreement, and others. In conclusion, the participants themselves draw conclusions. Each of the participants again had the opportunity to speak out both during the game itself and after the tower finally fell. Each named the factors that he considered important for himself, and this helped to make the conclusion more objective. As a result, we came to the conclusion that each of the people puts their own meaning in trust, which pushes us to show expectations. Secondly, each brick represents one small step in building trust, as well as its destruction. And this tells us that trust is built from small steps and also collapses. Now it is important for us to know which steps form trust. For this, we did an experiment in the third block.

The third part was aimed at identifying specific steps that help build confidence in other institutions, our partners. For this, the team is divided into 2 parts and makes a visit to 2 shopping markets, where they reveal within 20 minutes that it destroys the client's trust in the establishment itself. After the participants came from the establishments, they told in colors and emotions that they embarrassed them and that, in their opinion, destroys trust in trading markets. After that, 5 teams wrote what factors inspire confidence in the authorities, religious

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institutions, police, NGOs and medical institutions. As a result, each of the team spoke, and what do I need personally for me to be trusted as individuals, as director, organization, etc.

The exercise "Reliable car" was aimed at consolidating the knowledge gained. Two teams have to build a car that can be trusted from a large amount of cardboard, tape, paper and other available tools. In this case, trust was our car. The teams themselves had to come up with a model and how the car would look. In addition, the teams themselves decided how to work in a team. Unfortunately, not all teams coped with the task equally, one of the teams needed a little more time, which greatly affected the mood of the first team and contributed to the fact that the conclusion to the task had to be slightly reduced. This exercise taught to work in a team, to agree and disagree. Trust colleagues to make parts separately and generally design a joint car.

Summing up, I can say the purpose of the training was achieved, but we did not have enough time to make the conclusion more voluminous and of higher quality as it was intended.

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