

GaMCon Youth Leadership Program

Confidence Building

December, 17 – 18, 2017

Comrat

www.gamcon.org

	Day 1
9:00 – 10:30	<p>Welcome and introduction</p> <ul style="list-style-type: none"> • Introduction to the training • Introduction of the participants • Participants' expectations and learning path in GamCon project
10:30 – 10:45	<i>Break</i>
10:45 – 12:30	<p>Me and my identity</p> <ul style="list-style-type: none"> • Exploring concepts of identity and community through individual reflection, group activities and group discussions • Presentation: multi-layered nature of identity and culture & impact on our perception
12:30 – 13:30	<i>Lunch</i>
13:30 – 15:00	<p>How do we relate to others?</p> <ul style="list-style-type: none"> • Experiential activities supporting reflection on perception of ourselves and others, discussions • Presentation on stereotypes, cultural baggage and how to work with them
15:00 – 15:15	<i>Break</i>

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15:15 – 16:00	<p>Case studies I.</p> <ul style="list-style-type: none"> • Presentation: practical examples of civil initiatives overcoming stereotypes (from Slovakia and abroad) • Conclusion and evaluation of the Day 1
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Day 2	
9:00 – 10:45	<p>Our community</p> <ul style="list-style-type: none"> • Introduction • Creating ‘The wall of greatness’ – how and why is our community important to us? • Visualising ‘Our world’. Preconditions for well-functioning community
10:45 – 11:00	<i>Break</i>
11:00 – 12:30	<p>Communication I.</p> <ul style="list-style-type: none"> • Presentation on communication <ul style="list-style-type: none"> ○ <i>Positions, interests vs. needs</i> ○ <i>How to achieve win-win solutions</i> ○ <i>Negotiating, bargaining, discussion vs. dialogue</i> ○ <i>Factors influencing mutual trust</i> • Group work <ul style="list-style-type: none"> ○ <i>Who is a good ‘communicator’? expectations, trust-building</i> ○ <i>Walking gallery, group discussion</i>
12:30 – 13:30	<i>Lunch</i>

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13:30 – 14:30	<p>Communication II.</p> <ul style="list-style-type: none"> • Communication iceberg in practice (role play), group debrief
14:30 – 14:45	<i>Break</i>
14:45 – 16:00	<p>Case studies II.</p> <ul style="list-style-type: none"> • Presentation: examples of civic initiatives strengthening cooperation and communication (from Slovakia and abroad) • Feedback • Conclusion

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